

GASTROENTEROLOGY ASSOCIATES

PATIENT NEWSLETTER APR-JUN 2015

TIPS TO PREPARE FOR YOUR COLONOSCOPY

At Gastroenterology Associates we want to help you best prepare for your upcoming colonoscopy. Please see below for a list of recommendations to help you be prepared for your procedure.

- Our practice utilizes the Colon Prep Center to assist in providing you the instructions and materials necessary for your upcoming colonoscopy. The Colon Prep Center will contact you via email, or by telephone if you do not have email. In some circumstances our office may provide your prep instructions for you rather than using the Colon Prep Center.
- Please read your colonoscopy prep instructions as soon as possible, then again 7 days prior to your scheduled procedure.
- Please contact our Procedure Coordinators at 360-413-8250 option 3 with any questions or concerns.

There is a fun app available on IOS and Android called the "Colonoscopy Guide". This app was developed in partnership with the Colon Cancer Alliance and provides information on the importance of a colonoscopy along with what to expect before, during and after the exam.

HEPATITIS C

Hepatitis C is the most common cause of chronic viral liver disease in the United States (ACG, n.d.). An estimated 1.8% of the U.S. population is infected with hepatitis C. Infection is most common in those born between 1945-1965. The Centers for Disease Control and Prevention (CDC) recommends that adults born between 1945 through 1965 should be tested once for hepatitis C, even without prior knowledge of exposure to hepatitis C (CDC, n.d.).

A Hepatitis C (HCV) antibody blood test is used to screen for infection.

Please contact your **Primary Care Provider** if you would like to be screened for Hepatitis C.

TAKE STEPS FOR CROHN'S AND COLITIS

Put on by the Crohn's and Colitis Foundation of America, the Take Steps walk is dedicated to raising awareness and funds necessary for curing digestive-diseases. This walk is a wonderful day for family, friends and the community filled with live music, food, kids' entertainment, and educational materials. Please see below for additional information.

Date: June 7, 2015

Time: Registration starts at 2:00 PM, Walk starts at 3:30 PM

Location: Magnuson Park, Seattle, WA

Website: www.cctakesteps.org

Phone: 503-715-7610



Main Office:

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Endoscopy Center:

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Other Office Locations:

Yelm

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