

# Gastroenterology Associates

Gastroenterology and Hepatology

www.gastroassociates.org

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## Pre-Procedure Diabetes Medication Instructions

In preparation for your procedure, you will need to follow specific instructions regarding your diabetes medication. Please read the information below carefully.

Check your blood sugar the evening before your procedure. Check your blood sugar again upon waking the morning of your procedure. If your blood sugar is below 80 at either of these checks, drink a glass of clear fruit juice and recheck it. If you have continued problems, call our office at (360) 413-8250 to talk with our staff or to be connected to our answering service.

### **If you take oral (tablets by mouth) diabetes medication:**

- Do not take your oral diabetes medicine the night before your procedure.
- Do not take your oral diabetes medicine the morning of your procedure.

### **If you take Exenatide (Byetta) an injectable:**

- Do not take Byetta the night before or morning of your procedure.

### **If you take insulin:**

- Take half of your usual morning insulin dose the day before your procedure.
- Take half of your usual evening insulin dose the night before your procedure. If you are able to, check your blood sugar near your usual evening meal time and adjust this half dose up or down dependent upon your blood sugar reading.
- Do not take any insulin the morning of your procedure.

If you take oral **and** insulin or other injectable diabetes medication, follow the instructions for each as above.

### **If you use an insulin pump:**

- Confirm your plan for insulin dosage adjustment with your physician.

Please call our office at (360) 413-8250 between the hours of 8:30 am and 5:00 pm if you have any unanswered questions.

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